

Monday Tuesday Wednesday Thursday Friday Saturday



1
9 Resistance Bands
9:30 – 10:30 Dash Passes
1:30 Cooking Class
3 – 4 Happy Hour

Let's get **COOKING**

2
9 Chair Yoga
10:30 Drinks & Current Events
11 – 1 Carport Cookout
1:30 Bags Under Carport
3 Pie Eating Contest



3
9 Resistance Bands
10:30 Drinks & Current Events
1 Abstract Painting
2 Snow Cones
3:30 Walk in the Park



4
10 Smoothies
10:30 Movie
11 Activity Packet

Sunday

5
Church
2 Bingo

6 *Labor Day*
Coloring Sheets, Activity Packets & Board Games will be available at the front desk!



7
9 Chair Yoga
9:30 – 11:30 Walmart
1 – 3 Dollar Tree
4 Root Beer Floats



8
9 Resistance Bands
9:30 – 11:30 Meijer
12:30 – 1:30 China Town Buffet (BYOM)
2 Town Hall
3 – 4 Happy Hour



9 *Picture Day*
8 – 10:30 DMV
1 Sherbet
2 PCC Pictures
3 – 4:30 IDEA Store



10
9 Resistance Bands
10 – 11:30 Library
1:30 – 2:30 Mall
3:30 Nachos



11
10 Smoothies
10:30 Movie
11 Activity Packet

Sunday

12
Church
2 Bingo

13
9 Resistance Bands
10 – 11:30 Barnes & Noble
1 Ice Cream Cookie Sandwiches
2 Manicures
3 Movie & Popcorn

Start of Spirit Week

14
9 Chair Yoga
10:30 Drinks & Current Events
12:30 September Birthday Party
1:30 – 3 Salt N Light
4 Tiramisu



15
9 Resistance Bands
10:30 Drinks & Current Events
12:30 Coloring Club
1:30 Food Council
2 Activity Council
3 – 4 Happy Hour



16
9 Chair Yoga
10:30 Drinks & Current Events
12:30 – 2 Baytown Square Strip Mall
3:30 Hot Fudge Sundaes



17
9 Resistance Bands
10:30 – 11:30 Dunkin Donuts (BYOM)
1 Bleach Painting T-shirts
3 – 4:30 Bowling

Last Day of Spirit Week

18
10 Smoothies
10:30 Movie
11 Activity Packet

Sunday

19
Church
2 Bingo

<p>20 9 Resistance Bands 9:30 – 10:30 Dash Passes 1 Apple Pie 2 Manicures 3 Movie & Popcorn</p> 	<p>21 Chai Day 9 Chair Yoga 9:30 – 11:30 Walmart 1 – 3 Dollar Tree 4 Chai Tea Latte</p> 	<p>22 1st Day of Fall 9 Resistance Bands 10:30 Drinks & Current Events 12:30 – 1:30 Library 2 DIY Seasonal Banners 3 – 4 Happy Hour</p> 	<p>23 9 Chair Yoga 10:30 Drinks & Current Events 1 Wine Tasting 2 DIY Seasonal Banners Cont. 3:30 Cheesecake</p> 	<p>24 9 Resistance Bands 10:30 Drinks & Current Events 1 Assorted Muffins 2 Mocktails & Canvas 3:15 Resident Council</p> 	<p>25 10 Smoothies 10:30 Movie 11 Activity Packet</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Sunday</p> </div> <p>26 Church 2 Bingo</p>
<p>27 9 Resistance Bands 10:30 Drinks & Current Events 12:30 – 2 Curtis Apple Orchard 3:30 Movie & Popcorn</p> 	<p>28 8:30 – 10 Fishing 10:30 Drinks & Current Events 1 Cheese Quesadillas 2:30 DIY Scarfs 3:30 Glass Frame Art</p> 	<p>29 Coffee Day 9 Resistance Bands 10:30 Drinks & Current Events 12 – 1:30 Picnic @ Crystal Lake Park 3 – 4 Happy Hour</p> 	<p>30 Hot Mulled Cider Day 9 Chair Yoga 10:30 Drinks & Current Events 1 Apple Cider Slushies 2 October Sign Ups 3 – 4:30 Bowling</p> 		